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## **CAPTIVE**

By Rooted & Grounded Ministries

# Meet the face behind the words.

I am a child of God, trying to learn from all the things and people God has allowed into my life.

There have been many hats that I've worn during my life. I'm sure you've felt the same at some point. Each hat and phase of life has taught me so many things. The things are not as important as the more of God that I've felt along each of these paths.

Please join me as I share some of those truths with you.

We hope they are a blessing!

In your readings and study, always remember you are created and loved by God. He designed you specifically for the moments in life you would be a part of and those you could help along the way. He has a plan for your days and wants you to live those days victoriously.

## Other Devotionals

### Dehydrated



“The literal definition of the word dehydrate is to lose large amounts of water. Every movement we do causes us to lose water. There are seasons of life where it seems all we do is move. In those seasons, it is so critical to put time and effort into hydrating with God’s Word.”

The Lord takes his Word and changes the feeling of captivity to feelings of refreshment. Remembering Who is in control and guiding our paths will help you focus on the work He has you to do and not be imprisoned by the circumstances of life around you.

Do you have something that helps you in these times? Please share! This is an ongoing struggle in our lives and we can help each other by sharing what we've learned along the way. This is not something you struggle with alone. All of us have things that try to hold us captive throughout our life and God has given us victory and will continue to if we trust and follow Him!

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*“Who the Son sets free, is free indeed!”*

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## Customize in Almost No Time

I love music. It speaks to me and helps me. Sometimes there is a song that I play every day for a season of life. This is a good one for this topic

[Sheri Jones-Moffett - Free Indeed Lyrics | Musixmatch](#)

[https://youtu.be/bdP2vOs\\_jCo](https://youtu.be/bdP2vOs_jCo)

[Sheri Jones-Moffett lyrics on Musixmatch](#)

[Who the son sets free hillsong video lyrics - Bing video](#)

[Gaither Vocal Band - Chain Breaker \(Live\) - Bing video](#)

# Devotion

Have you ever felt captive? Confined in a bad job or relationship or cycle of choices? Imprisoned with the inability to get out of something you feel you should be able to figure out?

There have been a couple times in my life that I have felt unable to escape circumstances. In my heart, I believed things would work out. I knew God was in control, but the season seemed longer than normal.

What was I missing? What was I supposed to learn? If God wants for His children to live a life free, why could I not escape this captivity in my life?

Think about “the little maid” that was taken from her family and land and given to Naaman’s wife to serve. Most likely she was taken in a time of war. I can imagine what she witnessed during those moments. The fear, pain and loss of the circumstances that led her to be taken captive to a new land. She was no longer a daughter but a servant. She lost all those she loved and all she had hoped for her future.

## Definition of Captive: Imprisoned or Confined

However, she didn't live as a captive. It doesn't seem as though she felt captive. She looked at her master whom she could have despised and most of us would not have thought poorly of her; and saw a way she could help him.

So, what was the difference? How do you look at a situation or season of life and not let the overwhelming pressure fall down on you? How do you look at the broken dreams, upset plans or unrealized hopes and show love to the world around you? How do you hide the worry and fear and change the course of someone's life?

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*“If you need freedom or saving, he's a prison shaking savior If you got chains, he's a chain breaker.”*

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I don't think that would have happened, had the maid lived captivated by her circumstances.

She couldn't have know what was going to happen on the day she was taken. Like us, I imagine she would have done whatever she could to stop anything bad from happening. But when circumstances out of her control did leave her captive, I believe her faith kept her from living in that captivity. I believe her faith gave her the strength to live free from the struggle overtaking her.

That kind of faith is what I want to have. The faith that is rooted and grounded in me so much that when the circumstances of life leave me captive in some way, I can still be used to help those around me find God in ways they have not known.

## Dig in Deeper...



What are some areas of life that you feel held captive; unable to move forward?

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If you gave the control to God of how these things turn out, would it relieve the feeling of being imprisoned by them?

I know that's easy to say and VERY hard to do. This is something that has been a fight for me most of my adult life.

### **This is what helps me:**

I **study** the topic I'm feeling imprisoned by in the Bible. Say for example, I'm struggling with things not going according to my plan. I'll look up any time the word plan comes up in scripture and I'll see what is going on. Does that portion help me know how to trust God's plan or show me someone who may have not had life go according to plan? I read through these verses until something speaks to me.

This could take a minute, an hour or a week. The answer may not come immediately, but typically if I'm searching God's Word for an answer, it does come!